



## FINAL REGISTRATION SCHEDULE and INSTRUCTIONS

2019 Eastern Zone Long Course Age Group Championship Team Final Registration will take place the weekend of Senior and Age Group Champs.

SENIOR CHAMPS-**Saturday, July 20th** from warm ups thru prelims only, **all** athletes who have applied must submit their forms at this time. Our location is on the lower level by the pool entrance. Email the team manager if your athlete is not competing for mailing instructions.

AGE GROUP CHAMPS-Saturday, July 27th and Sunday, July 28th from warm ups through Finals with a break mid-day. We will be located in the Multi-Purpose room on the second floor near concessions in the Christiansburg Aquatic Center.

- Media, Medical, Liability and Indemnification Releases and Honor Code forms must be completed and submitted by the conclusion of your championship meet. They are posted on the Zone Team Page. Please fill them out, print, and bring them with you to your championship meet. If you will not be attending one of the championship meets, email the team manager for instructions. Forms are posted online and will be available at Final Registration. Due to the personal nature of the information do not email them to the Team Manager
- Final Payments are due no later than the conclusion of your athlete's championship meet. The balance is \$335.00 cash, checks (to Virginia Swimming) and credit card payments are accepted. On-line payments can be made at [Virginiawimming.org](http://Virginiawimming.org), on the top menu bar click payment center. You will find Zone Team Final Payment on the right. Zone Team trip fees are non-refundable.
- Team Uniform- Zone Team uniform portal through [Metroswimshop.com](http://Metroswimshop.com) is now open. The directions on how to register with Metro are posted on the Zone Team Page on [Virginiawimming.org](http://Virginiawimming.org). For those of you who don't know what size to order, there are sizing charts posted to assist you. All orders must be placed no later than **Monday, July 29<sup>th</sup> at 10:00am. No Exceptions. ORDER EARLY!**  
In order to ensure that everyone receives a complete uniform, DO NOT ORDER MORE THAN WHAT IS SPECIFIED. If you were a member on the team last year, shorts and white T-shirt remain the same, all other items are new. Only current uniform apparel is permitted.

**\*\*\*\*\*For athletes who have already achieved the 4 cut minimum to earn a place on the team, please make your final payment and order your uniform as soon as possible.**

The internet at the aquatic facilities may be intermittent due to high volume of users, as a result making payments and ordering your uniform potentially taking longer than if you were to order prior to arriving at the meet. Making the final payment and ordering your uniform in advance will expedite final registration. The Final Balance payment center and Uniform Portal are open.

General Information-

-Deposit refunds for those who did not earn a place on the team, the credit card used for the deposit will be credited within a few days of our championship meets ending.

-Team Practice- All team members are invited to team practice at the Collegiate School Aquatic Center on Saturday, August 3<sup>rd</sup> from 10-11 am, Please arrive Uniforms will be distributed during practice. If a team member is not available to attend practice, their uniform will be distributed on Tuesday August 6<sup>th</sup>. A teammate may pick up their uniform for them on Saturday.

-Spirit Night- Everyone should be decked out in our team colors, red white and blue on Friday Aug 10<sup>th</sup> for the finals session. Please take advantage of the 4<sup>th</sup> of July Clearance items now! (Beads, bandanas, bow ties, crowns, hair bows, hats, ribbons, poster board, markers and tutu making materials)

-Chaperones- We would love to bring you with us as a chaperone. If you are interested in chaperoning information and application is available on the Zone Team Page. Every chaperone must be a current member of USA Swimming, complete the background check and complete online athlete protection training. It's a fun and rewarding experience.

-Timers- Please consider timing if asked. Timer sheets will be available at Final Registration. The timing sessions are broken down by event in 30-60 minute sessions.

-Team Photo- The flyer for you to order a team photo will be posted on the Zone Team page.

-Team Banquet and Awards-To assist you in planning for athlete pick up on Saturday, we will host a pizza awards celebration for our athletes at the conclusion of their final's sessions on Saturday. Please arrive on time to pick up your athlete.

9-10 year-old athletes will have their banquet immediately following their timed finals session on Saturday. This session typically ends around 3:00pm a more accurate time will be provided after the meet timelines have been established. All 9-10 year-old athletes will be released after their banquet.

11-18 year-old's banquet will take place immediately following their finals session on Saturday night. This session typically ends around 7:00pm, more accurate info will be provided after the timelines are set. All 11-18 year old athletes will be released after their banquet. Please ensure you are on time for their pick up.

AS A REMINDER- NO ATHLETE WILL BE RELEASED PRIOR TO THE CONCLUSION OF THE TEAM BANQUETS ON SATURDAY, AUGUST 10<sup>th</sup>.

-Communication- Once the team has been selected, email will be the primary means of communication.